



2025 SUMMER TRACK

BOYS & GIRLS CLUBS OF SNOHOMISH COUNTY

REGISTER MAY 5TH- JUNE 27TH

CLUB:				
☐ Arlington	☐ Everett		Marysville	☐ Snohomish
☐ Alderwood	☐ Granite Falls		Monroe	☐ Sultan
☐ Edmonds	☐ Lake Stevens		Mukilteo	☐ Tulalip
	ctice and the program will o	culm	•	Track & Field. Teams will meet once per County Wide Track Meet!
FO	RMAT: Ages5-14 (incoming		•	i-26 school vear)
			Attire Recommended	
	PRAC	TICE	Starts July 14th	
	TRACK MEET AL	JGU	ST 16TH (LOCATION TI	BD)
	*No	fee	for Tulalip Club	
PARENT/ATHLETE IN	IFORMATION:			
-			Last	
Gender: Birth				
Player's Grade:	School:			
-Mail:	Parent First Nam	e:	Last:	
Address:		City	y:	Zip:
Day Phone:	Cell	Pho	one:	
My child would like to play with	the following friends (not guar	ante	ed):	
My child would like to request the	he following coach (not guarar	iteed	d):	
Emergency Contact Name:			Phone:	
Are you or someone in the hous	sehold CPR certified?	⁄es	□No	
Shirt Size (check one): Youth:	YS YM YL YL	XL [Adult: AS AM	AL AXL AXXL
Yes! I	would like to be a part of my c	hild':	s team by: coaching [sponsoring
Name:	Phone:		Email:	
	For	Off	fice Use Only	
	Payment amount:		-	

Boys & Girls Club Code of Conduct



I WILL...

- Demonstrate good sportsmanship to my child by being positive in my comments towards coaches, referees and players on both teams, including using appropriate language.
- · Insist on a tobacco, drug and alcohol free environment for my child and refrain from their use at sporting events.
- Consider the effort of my child more important than winning the game. At these young ages skill levels are varied and personal growth needs to be noticed and commented on in order to raise the confidence of each child.
- · Recognize that mistakes happen as part of the game. In order to grow in ability children need to try a new skill, often unsuccessfully at first.
- Remember that the referees may be teenagers who will make mistakes in calling the game.
- Provide my child with transportation to games and practices and be on time.
- · Take responsibility for all the children (siblings and others) under my supervision during games and practices.
- Read and abide by the Zero Tolerance Policy. (see below)
- REMEMBER THAT THE GAME IS FOR THE CHILDREN AND NOT FOR THE ADULTS.

Zero Tolerance Policy

Any person will be banned from Snohomish County Boys & Girls Club activities indefinitely for displaying the following behaviors:

- 1. Physical violence
- 2. Use of drugs, alcohol or tobacco on Club or school property
- 3. Verbal abuse toward anyone

(1)(a) Concussions are one of the most commonly reported injuries in children and adolescents who participate in sports and recreational activities. The centers for disease control and prevention estimates that as many as three million nine hundred thousand sports-related and recreation-related concussions occur in the United States each year. A concussion is caused by a blow or motion to the head or body that causes the brain to move rapidly inside the skull. The risk of catastrophic injuries or death are significant when a concussion or head injury is not properly evaluated and managed.

(b) Concussions are a type of brain injury that can range from mild to severe and can disrupt the way the brain normally works. Concussions can occur in any organized or unorganized sport or recreational activity and can result from a fall or from players colliding with each other, the ground, or with obstacles. Concussions occur with or without loss of consciousness, but the vast majority occurs without loss of consciousness.

(c) Continuing to play with a concussion or symptoms of head injury leaves the young athlete especially vulnerable to greater injury and even death. The legislature recognizes that, despite having generally recognized return to play standards for concussion and head injury, some affected youth athletes are prematurely returned to play resulting in actual or potential physical injury or death to youth athletes in the state of Washington.

(2) Each school district's board of directors shall work in concert with the Washington interscholastic activities association to develop the guidelines and other pertinent information and forms to inform and educate coaches, youth athletes, and their parents and/or guardians of the nature and risk of concussion and head injury including continuing to play after concussion or head injury. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by the youth athlete and the athlete's parent and/or guardian prior to the youth athlete's initiating practice or competition.

(3) A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time.

(4) A youth athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and receives written clearance to return to play from that health care provider. The health care provider may be a volunteer. A volunteer who authorizes a youth athlete to return to play is not liable for civil damages resulting from any act or omission in the rendering of such care, other than acts or omissions constituting gross negligence or willful or wanton misconduct.

(5) This section may be known and cited as the Zackery Lystedt law

Parent/Guardian Signature:	Date:
----------------------------	-------

Annual Membership Registration Form



Any information requested is for our records and for the funding we receive. The answers you provide will be kept completely confidential. Your cooperation in providing this information is both appreciated and necessary. **ALL FIELDS ARE REQUIRED**. Please make sure to fill out this form in its entirety.

Name:					
School:	Grade:	Birthdate:	Eligible for Free	or Reduced School Lur	nch: Yes 🗌 No 🗌
Ethnicity/Race: African America	an 🗌 American Native 🗌	Asian Caucasian	Pacific Islander 🗌		
Multi-Racial Other A	llso Hispanic/Latino: Yes	No □			
Primary Parent/Guardian In	formation				
Name:			Gender:		
Address:		City:_		State:	Zip:
Phone:	Cell:	E-mail:			
Place of Employment:					
Veteran or active member of the	U.S. Military? Yes No	Branch:		Dates of Service:	to
Other Parent/Guardian Info	rmation				
Name:			Gender:		
Address:		City:_		State:	Zip:
Phone:	Cell:	E-mail:			
Place of Employment:					
Veteran or active member of the	U.S. Military? Yes 🗌 No	☐ Branch:		Dates of Service:	to
Household Information					
Household Size: Hous		□ c· l □ ./\ ./\ ./\	¬	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
Family Annual Income: \$0 to \$1	9,999 \$20,000 to \$29				01 to \$64,800 🗌
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \(\text{ \ \text{ \ \etx{ \text{ \text{ \text{ \text{ \text{ \text{ \text{ \text{ \	9,999 \$20,000 to \$29 01 to \$77,800 \$77,80	DI to \$83,550 🗌 \$83,551 t	o \$95,000 🗌 \$95,0	951 and above 🗌	
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \$72,0 Medical Information Physician:	9,999 \$20,000 to \$29 01 to \$77,800 \$77,80	D1 to \$83,550 \$83,551 t	o \$95,000	051 and above	
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \$72,0 \$72,0 \$Medical Information Physician:	9,999 \$20,000 to \$29 01 to \$77,800 \$77,80	DI to \$83,550 \$83,551 t	o \$95,000	051 and above ne:	
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \$72,0 Medical Information Physician: Medications: Allergies/Medical Concerns:	9,999 \$20,000 to \$29 01 to \$77,800 \$77,80	DI to \$83,550 \$83,551 t	o \$95,000	051 and above ne:	
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \$72,0 Medical Information Physician: Medications: Allergies/Medical Concerns:	9,999 \$20,000 to \$29 01 to \$77,800 \$77,80	D1 to \$83,550 \$83,551 t	o \$95,000	051 and above	
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \$72,0 \$Medical Information Physician: Medications: Allergies/Medical Concerns:	9,999 \$20,000 to \$29 01 to \$77,800 \$77,80	DI to \$83,550	o \$95,000	051 and above	ne
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \$72,0 Medical Information Physician: Medications: Allergies/Medical Concerns: Emergency Contacts First/ Last Name:	am the parent or legal guardian of the the Boys & Girls Clubs activities. I be responsible for any medical or I alling me at the listed phone number one of the Club accepts no responsition for a photo or likeness of my	Relation to Child: Relation to Child: Relation to Child: the minor listed above. I have full cust in the event that my child is injured or withletic supervisor, coach or any other hospital fees or costs associated with er. In case I cannot be reached for an secondary Health Insurance cover ibility for keeping my child in the b child to be used in brochures and of	o \$95,000 \$95,0 Physician Phore: Phone: Phone: ody and control of the child. I should require medical attent Boys & Girls Clubs employee wy child's medical treatment. emergency medical treatment age. I understand the "oper utilding or on the premises, other promotional materials."	Hom To the best of my knowledge, to ion, I hereby request you to a cor volunteer to secure necess if possible, confirmation of the tas described above, you mandoor" policy which allows except when enrolled in a lies produced by the Boys & G	my child is in good health contact our family physiciar sary medical treatment for nis authorization should by proceed without further if or children to come and censed childcare or sumitirls Clubs of Snohomish
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \$72,0 Medical Information Physician:	am the parent or legal guardian of to the standard street of the Boys & Girls Clubs activities. I be responsible for any medical or alling me at the listed phone number one of the club accepts no responsible for any medical or leading me at the listed phone number one of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts	Relation to Child: Relation to Child: Relation to Child: Ithe minor listed above. I have full cust lin the event that my child is injured or athletic supervisor, coach or any other hospital fees or costs associated with er. In case I cannot be reached for an secondary Health Insurance cover billity for keeping my child in the be child to be used in brochures and the parent or legal guardian. I agree to	Physician Phore Phone: Phone: Phone: Phone: Phone: Indicate the child. The should require medical attent Boys & Girls Clubs employee my child's medical treatment. In the company of the premises, on the premises, on the promotional materials and this waiver is valid as long	Hom To the best of my knowledge, a cion, I hereby request you to c or volunteer to secure necessif possible, confirmation of the tas described above, you mand a door" policy which allows except when enrolled in a list produced by the Boys & G as my child is a member of the	my child is in good health contact our family physiciar sary medical treatment for nis authorization should by proceed without further if or children to come and censed childcare or sumitirls Clubs of Snohomish
Family Annual Income: \$0 to \$1 \$64,801 to \$72,000 \$72,0 \$Medical Information Physician:	am the parent or legal guardian of to the standard street of the Boys & Girls Clubs activities. I be responsible for any medical or alling me at the listed phone number one of the club accepts no responsible for any medical or leading me at the listed phone number one of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the express written consent of the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts no responsible for a photo or likeness of my but the club accepts	Relation to Child: Relation to Child: Relation to Child: Ithe minor listed above. I have full cust in the event that my child is injured or athletic supervisor, coach or any other hospital fees or costs associated with er. In case I cannot be reached for an secondary Health Insurance cover ibility for keeping my child in the behild to be used in brochures and the parent or legal guardian. I agree to	Physician Phore Phone: Phone: Phone: Phone: Phone: Indicate the child. The should require medical attent Boys & Girls Clubs employee my child's medical treatment. In the company of the premises, on the premises, on the promotional materials and this waiver is valid as long	Hom To the best of my knowledge, a cion, I hereby request you to c or volunteer to secure necessif possible, confirmation of the tas described above, you mand a door" policy which allows except when enrolled in a list produced by the Boys & G as my child is a member of the	my child is in good health contact our family physiciar carry medical treatment for nis authorization should by proceed without further if for children to come and censed childcare or sumitirls Clubs of Snohomish ie Boys & Girls Clubs of